North Pacific Pediatric Society

200th Meeting and Conference

CHARTER HOTEL
SEATTLE

April 25–26, 2020

speakers

The Honorable
Kim Schrier MD, FAAP
US House of Representatives (WA-8)

Maida Lynn Chen MD
Associate Professor of Pediatrics
Seattle Children’s Hospital/UW

Jonah Essers MD, MPH
Pediatric Gastroenterologist
Swedish Medical Center

Robert Hendrickson MD
Medical Director, Oregon Poison Center; Professor of Emergency Medicine
Oregon Health and Science University/Oregon Poison Center

Laura Kastner PhD
Clinical Professor
Psychiatry and Behavioral Sciences
University of Washington

Jonathan Kopelovich MD
Pediatric Otolaryngologist
Bellevue Ear Nose and Throat Clinic

Dana Matthews MD
Professor, Hematology/Oncology, Pediatrics, UWSOM; Director, Clinical Hematology, Cancer and Blood Disorders; Seattle Children’s Hospital

Paul Merguerian MD, MS, FAAP
Division Chief Urology
Seattle Children’s Hospital
Professor of Urology
University of WA, Michael Mitchell Chair Pediatric Urology

Monica Oxford PhD
Research Professor
University of Washington
Barnard Center for Infant Mental Health and Development

* Speaker’s disclosure statements on page 4

accreditation statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Washington State Medical Association through the joint providership of Seattle Children’s Hospital and the North Pacific Pediatric Society. Seattle Children’s Hospital is accredited by the WSMA to provide continuing medical education to physicians.

Seattle Children’s Hospital designates this live educational activity for a maximum of 10.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity meets the criteria for up to 10 hours of Category 1 CME credit to satisfy the relicensure requirements of the Washington State Medical Quality Assurance Commission.
# MEETING OBJECTIVES:

- Participants will explain the science of physiological arousal and its escalation when parents and children focus on extreme distress together without a shift to coping (e.g., “co-rumination”).
- Participants will validate their patients’ aversive experiences while also encouraging them to shift attention to coping and exploring ideas for emotional regulation.
- Participants will use motivational interviewing techniques to elicit the goal of reducing suffering for encouraging parents in the “change agenda” of both avoiding symptom accommodation and co-rumination and practicing coping strategies.
- In combination with the history, use appropriate testing to diagnose iron deficiency anemia, and apply current understanding of iron metabolism to optimize treatment.
- Apply understanding of hemoglobin patterns in thalassemia syndromes to order and interpret thalassemia testing, counsel families, and refer when appropriate.
- Understand common thrombophilias and the relevance of family history to decide which patients to test, and which tests to perform.
- Recognize risks of thrombosis, implications for menstrual and contraceptive management, and when to consider anticoagulant prophylaxis for patients with a thrombophilia or positive family history of thrombosis.
- Manage child with antenatally diagnosed hydrops nephrosis.
- Risk stratified management of vesicoureteral reflux.
- Understand the prevalence and natural history of CMV associated hearing loss.
- Engage with evolving research into detection, prevention and treatment of congenital CMV.
- Incorporate multifaceted approach to understanding the pathophysiology and sequela of sleep challenges in adolescence.
- Approach treatment strategies at individual and community levels.
- Learners will understand the various ways that nicotine, cannabis, and “legal highs” are used and will be able to adequately counsel their patients on short and long term effects.
- Learners will be able to identify clinical patterns of drug use and drug paraphernalia.
- Understand the rationale for careful followup, dietary manipulation, and endoscopy in the management of pediatric EoE.
- Understand the risks and benefits of PPI use and how to position a PPI in the treatment of pediatric EoE.
- Participants will be able to identify three types of interaction that represent parent-child attunement or reciprocity and how that is fundamental to infant development.
- Participants will learn one strategy to help parents learn about attunement by providing specific, positive verbal feedback to parents.

## SATURDAY  🇺🇸 APRIL 25

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<th>Time</th>
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<tbody>
<tr>
<td>7:00 AM</td>
<td>Catered Breakfast</td>
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<tr>
<td>7:30 AM</td>
<td>Opening Remarks</td>
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| 7:45 AM| Finessing the Pivot: Helping patients shift from obsessive worry to coping  
Laura Kastner, PhD |
| 8:45 AM| Pediricians are in the Right Place at the Right Time: Supporting Parental Attunement, Reciprocity and Co-Regulation in the First Year of Life  
Monica Oxford, PhD |
| 9:45 AM| Break                                                                 |
| 10:00 AM| Anemia in Primary Care – tips and updates from the perspective of a hematologist  
Dana Matthews, MD |
| 11:00 AM| Thrombosis in Pediatrics – a brief review  
Dana Matthews, MD |
| 12 NOON| Catered Lunch                                                         |
| 1:00 PM| Cytomegalovirus and hearing loss  
Jonathan Kopelovich MD |
| 2:00 PM| Break                                                                 |
| 2:15 PM| Pediatric Urology for the Pediatrician: When to Refer  
[Part 1] — Paul Merguerian, MD |

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| 3:15 PM| Pediatric Urology for the Pediatrician: When to Refer  
[Part 2] — Paul Merguerian, MD |
| 4:15 PM| Adjourn for day                                                       |
| 4:15 PM| Reception                                                             |

## SUNDAY  🇺🇸 APRIL 26

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<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00 AM</td>
<td>Catered Breakfast</td>
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<tr>
<td>7:50 AM</td>
<td>Opening Remarks</td>
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| 8:00 AM| Adolescent Sleep Problems  
Maida Lynn Chen, MD |
| 9:00 AM| KEYNOTE SPEAKER  
The Honorable Kim Schrier, MD, FAAP  
(Presentation not for CME) |
| 10:00 AM| Break                                                                 |
| 10:15 AM| Adolescent drug use: cannabis, nicotine, and “legal highs”  
Robert Hendrickson, MD |
| 11:15 PM| Eosinophilic Esophagitis management and PPI risks in children  
Jonah Essers, MD, MPH |
| 12:15 PM| Adjourn                                                               |
REGISTRATION FORM (please type or print clearly)

Full Name ______________________ Title ______________________ Preferred First Name for Badge ______________________

Practice/Group Name ______________________

Address ____________________ City ____________________ State ________ Zip ______

Phone ____________________ Email (Required to receive conference e-syllabus) ______________________

☐ My food preference is vegetarian  ☐ My food preference is vegan  ☐ My food preference is gluten free

Conference registration fee includes attendee's two-day conference tuition, e-syllabus, as well as all breakfasts and refreshment breaks, lunch, and receptions. Food and Beverage is intended for registered attendees only!

■ Conference Registration

☐ NPPS Member Physician $425.00 ☐ Non-Member Physician $525.00 ☐ Nurses & Physician's Assistants $395.00

☐ First 3-year in Practice $325.00

■ I would like to support the NPPS Community Fund

☐ $20 ☐ $50 ☐ $100 ☐ $250 ☐ $500

TOTAL ENCLOSED: (U.S. FUNDS ONLY) ______________________

■ PAYMENT

Mail to: NPPS, 2001 Sixth Avenue, Suite 2700 • Seattle, WA 98121

☐ Enclosed is my check made payable to: NPPS

☐ CREDIT CARD PAYMENT

Please register online at: www.northpacificpediatricsociety.org

CANCELLATION POLICY: We must receive written notification of your cancellation. A $50 processing fee will be deducted from the registration refund. No refunds will be issued after April 1, 2020.

INQUIRIES: Contact Becky Constantine at the NPPS Office at 206-956-3635, or call toll-free from Washington, 1-800-552-0612, ext. 3025, or send emails to: admin@northpacificpediatricsociety.org
NPPS 200th Meeting and Conference
April 25–26, 2020

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North Pacific Pediatric Society

Visit: www.northpacificpediatricsociety.org to register online

■ ACCOMMODATIONS:

Group room rates start at $255 plus applicable taxes.
Call 206-256-7500 to book your reservation.
All reservations should be made under “NPPS” or “North Pacific Pediatric Society” in order to receive the group rate.
Please reserve by April 1, 2020 to ensure the group rate.

■ NPPS 200TH MEETING & CONFERENCE DISCLOSURE STATEMENTS

Maida Lynn Chen, MD
I do not have any financial interest, arrangement or affiliation with medical/pharmaceutical or equipment companies.

Jonah Essers, MD, MPH
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