

Saturday, September 22, 2018

PEDIATRIC POPULATION HEALTH FORUM

SESSION DESCRIPTIONS

PLENARY SPEAKERS

Pediatric Population Health: Medicaid's Role

Sue Birch, RN, MBA – *Director of
Washington State Health Care Authority*

Practicing Medicine in the Age of Acceleration

Amy Compton-Phillips, MD – *Executive Vice
President and Chief Clinical Officer,
Providence Health & Services*

LUNCH SESSIONS

Pediatric Transformation: Unique Benefits and Challenges of Working in a Capitated Environment

Whitney Edwards, MD, FAAP – *Senior
Medical Director, Children's Physicians
Medical Group and Domonique Hensler,
Director of Care Redesign, Rady Children's
Hospital – San Diego*

This workshop will provide an overview of the pediatric provider experience with operating in capitated arrangements for over two decades in San Diego; essential elements providers need to have in place to work successfully within managed care; lessons learned; and tips to help pediatric providers new to Value-Based Payment models flourish.

A Deeper Dive: A Conversation with

Sue Birch, RN, MBA – *Director of
Washington State Health Care Authority*

A Deeper Dive: A Conversation with

Amy Compton-Phillips MD – *Executive Vice
President and Chief Clinical Officer,
Providence Health & Services*

BREAKOUT SESSION 1

Trauma-Informed Care in the Pediatric Setting: Proactive Strategies for Vulnerable Families

Mary Virginia Maxwell, MED, LMHC –
*Behavioral Health Consultant, Yakima
Pediatrics/Community Health of Central
Washington*

Tim Shields, PhD – *Director of Residential
Services, Comprehensive Healthcare*

Families come to a pediatrician for any concern, as the authority you have tremendous influence. In this session we will review the impact of trauma in early childhood and how it changes brain development. Create a trauma-informed medical home that shifts thinking away from “these are bad parents” to “what is happening in the family”. Learn specific language to use to start difficult conversations to efficiently screen for adversity. Build a toolbox of community resources, both formal and informal to increase protective factors to optimize long-term physical and emotional health.

Saturday, September 22, 2018

PEDIATRIC POPULATION HEALTH FORUM

SESSION DESCRIPTIONS

BREAKOUT SESSION 1 continued

Brief Evidence-Based Treatment for Disruptive Behavior and Depression - PCP Focus

Erin Schoenfelder Gonzalez, PhD –
Assistant Professor, Seattle Children's

Disruptive behaviors (attention problems, oppositional behavior) and depression are among the most common child psychiatric concerns seen in primary care settings. Families with these concerns often need counseling or behavioral treatment, but it can be challenging to provide such therapies in a brief and accessible format. In this session, we discuss two evidence-based treatment approaches adapted to brief formats for coordination with primary care. We will teach basic skills providers can use with families from Parent Behavioral Management Training for child disruptive behaviors, as well as Behavioral Activation therapy for adolescent depression.

E.D. Phone Home: A Team Approach to Emergency Department Follow-Up Care and Reduction of Potentially Avoidable Visits

Sheryl Morelli, MD, FAAP – *Clinical Professor of Pediatrics University of Washington School of Medicine; Chief Medical Officer, Seattle Children's Care Network*

Laura Morano, RN – *Care Transformation Consultant, Seattle Children's*

In a healthcare environment where families utilize emergency services more than ever before, for both appropriate and potentially avoidable reasons, how can a primary care practice keep pace with the follow-up demands of this service? In this session, participants will learn strategies to engage your care team in continuous improvement models, medical home workflows, and data analysis to better understand and address the needs of your patient population. We will illustrate a systematic approach to follow-up of Emergency Department visits, both with and without the aid of technology. We will demonstrate how targeted anticipatory guidance and ED follow-up can also help families understand the impact of potentially avoidable, fragmented ED care, as well as the value of continuity of care in their medical home.

Creating a Welcoming Practice for Adolescent Patients

Peter Asante, MD, FAAP – *Yakima Pediatrics/Community of Health of Central Washington*

With the demands of high school, social concerns, and family competing for a teen's time, many pediatric primary care practices struggle to maintain a regular medical visit schedule with patients as they transition from childhood to adolescence. In this session, we use a case study from a community health center pediatric practice in Yakima to generate interactive discussion about the importance of regular adolescent medical care, review key components of adolescent visits, and share strategies to engage patients and their families in ongoing care throughout adolescence. Finally, we will discuss the most up-to-date immunization recommendations and strategies for communicating with families about immunizations.

Saturday, September 22, 2018

PEDIATRIC POPULATION HEALTH FORUM

SESSION DESCRIPTIONS

BREAKOUT SESSION 2

Help Me Grow Pierce County Pilot: Provider Integration and System Design

Mary Ann Woodruff, MD, FAAP – *Pediatrics Northwest*

Susan Barbeau – *Executive Director, First 5 FUNdamentals of Pierce County*

Learn how Pierce County is designing a centralized access point and referral system for children age prenatal through five. The nationally recognized Help Me Grow model aims to connect children with services across an entire community. Core components include a centralized access point, medical provider outreach, community outreach, and data & analysis. In this session we will focus on the medical provider component in connection to the larger Help Me Grow system.

Disruptive Behavior and Depression - BH Professionals Focus

Erin Schoenfelder Gonzalez, PhD –
Assistant Professor, Seattle Children's

Brief Evidence-Based Treatment for Disruptive behaviors (attention problems, oppositional behavior) and depression are among the most common child psychiatric concerns seen in primary care settings. Families with these concerns often need

counseling or behavioral treatment, but it can be challenging to provide such therapies in a brief and accessible format. In this session, we discuss two evidence-based treatment approaches adapted to brief formats for coordination with primary care. We will teach basic skills providers can use with families from Parent Behavioral Management Training for child disruptive behaviors, as well as Behavioral Activation therapy for adolescent depression.

E.D. Phone Home: A Team Approach to Emergency Department Follow-Up Care and Reduction of Potentially Avoidable Visits

Sheryl Morelli, MD, FAAP – *Clinical Professor of Pediatrics University of Washington School of Medicine; Chief Medical Officer, Seattle Children's Care Network*

Laura Morano, RN – *Care Transformation Consultant, Seattle Children's*

In a healthcare environment where families utilize Emergency services more than ever before, for both appropriate and potentially avoidable reasons, how can a primary care practice keep pace with the follow-up demands of this service? In this session, participants will learn strategies to engage your care team in continuous improvement models,

medical home workflows, and data analysis to better understand and address the needs of your patient population. We will illustrate a systematic approach to follow-up of Emergency Department visits, both with and without the aid of technology. We will demonstrate how targeted anticipatory guidance and ED follow-up can also help families understand the impact of potentially avoidable, fragmented ED care, as well as the value of continuity of care in their medical home.

Adolescent Depression Screening and Treatment

Thatcher Felt, DO, FAAP – *Yakima Valley Farm Workers Clinic*

Prepared by Dr. Robert Hilt, MD, Director of the Partnership Access Line (PAL) at Seattle Children's, this session will assist pediatricians, family physicians and advanced practice providers in integrating depression screenings and treatment – including medication and non-medication care strategies – for adolescent patients and patients receiving postpartum care. We will cover adolescent and maternal depression and suicidality, screening process considerations, care steps you can recommend and how to engage families in care.