2018 was a banner year for the Washington Chapter of the American Academy of Pediatrics. We exceeded our goals for growth in membership and set a new record for participation in Advocacy Day. Our healthcare transformation committee worked to equip providers to address social determinants of health. We held a fantastic population health forum and helped practices prepare for value-based payment and more effectively access behavioral health services in their communities or even embed behavioral health services within their clinics to break down stigma and socioeconomic barriers to care. We also provided education to nearly 300 providers on developmental screening and on adolescent and maternal depression screening.

Our legislative advocacy is driven by our commitment to equity in child health, including access to care for all children in our state. During the 2018 session we secured an increase in the Medicaid rate for pediatric primary and subspecialty care and won legislation that expanded the Partnership Access Line to serve as a single-source referral line for children, adolescents and new mothers needing behavioral health services anywhere in the state. While legislation to limit children’s access to firearms did not advance, the work of a large coalition, including WCAAP, resulted in a successful ballot initiative to require safe firearm storage, amongst other safety regulations.

Beyond our state-based advocacy, we also found ourselves unexpectedly having to make a strong push against federal policies that would harm the health and well-being of immigrant children. Our members engaged the media in opposition to separating immigrant families and submitted more than 300 comments to the Department of Homeland Security opposing changes to public charge determination. We also released an Immigrant Health Toolkit to assist providers in caring and advocating for immigrant children.

Our chapter is fortunate to have assembled a diverse, passionate, and hardworking leadership and staff. Our membership continues to grow in numbers and is more engaged than ever. This engagement allows the WCAAP to address the challenges pediatricians see every day through ongoing member education and networking with peers, anticipating and reacting to emerging public health issues, and legislative advocacy that improves the health and safety of Washington’s children.

Rupin Thakkar, MD, FAAP
President, Washington Chapter of the American Academy of Pediatrics
INSPIRED BY POSSIBLE.

We believe every child who walks through our doors deserves uncompromising care. It’s because of this commitment we’ve been rated one of the nation’s Top Children’s Hospitals by The Leapfrog Group.

We’re 1 of only 13 children’s hospitals awarded this distinction. And we’re right here in the South Sound.

We are proud to advocate and partner with you for healing and a healthy future of every child.

MaryBridge.org/refer
Advocating for Washington’s children, families and communities

WCAAP leverages the voices of pediatric health care providers like you to improve the health and lives of Washington’s children. Although the 2018 legislative session was a short session, it brought us closer to achieving our goal of improving access to medical and behavioral health care for children in Washington.

WCAAP members made legislators take notice. Your action helped us succeed with our ambitious agenda!

WCAAP members wrote nearly 900 messages to legislators about issues that affect child health.

WCAAP hosted meetings with legislators in their home districts in six regions of the state, as well as a community meeting in Southwest Washington focused on improving access to care.

WCAAP members testified at 19 different hearings in the House and Senate.

WCAAP hosted an Advocacy 101 workshop in Spokane to teach local pediatric primary care and subspecialty providers how to be effective voices for kids.

WCAAP members helped raise awareness about national and state child health issues by contributing to newspaper columns, letters and opinion pieces in communities throughout Washington.

We held our biggest Advocacy Day ever! Nearly 90 WCAAP members from 31 legislative districts around the state traveled to Olympia for a powerful Advocacy Day.
WCAAP’s network of pediatric health care providers advocate for kids in the state legislature and with state agencies. When we speak with one voice, policymakers take notice.

Our 2018 impact:

**Support measures to adopt “Tobacco 21” legislation**
WCAAP members joined a powerful coalition to support a change in state laws to limit tobacco and nicotine purchase to adults 21 and over. While this effort did not make it across the finish line in 2018, the bill is now awaiting the Governor's signature in 2019.

**Improve access to care and bring pediatric Medicaid rates into parity with Medicare rates**
Pediatric health care providers successfully advocated for a 9.5% increase in Medicaid rates for all pediatric primary and specialty codes that were part of the Affordable Care Act’s federally funded increase, which ended in 2015. This rate increase moved the state one step closer to parity between Medicaid and Medicare reimbursement. We also secured a three-fold increase in Medicaid payment for vaccine administration.

**Advocate for reduction in gun violence and firearm-related suicide**
WCAAP members supported the successful citizen’s initiative to adopt sensible measures for reducing gun violence and requiring safe firearm storage.

**Improve behavioral health for kids and families**
WCAAP members advocated for expansion of the Partnership Access Line to provide families real-time telephone support finding mental health counselors with available appointments in their communities.

WCAAP members also continue to speak out on federal issues as we partner with the national American Academy of Pediatrics and our sister chapters nationwide to protect children.
Leading on health care transformation

**WCAAP leads** a statewide health care transformation committee of primary care, hospital medicine, specialty and behavioral health care providers. The committee aims to ensure the voices of pediatric health care providers are heard in the health system transformation efforts underway, that we are better able to address social determinants of health, and that children's health improves as these changes take place.

**WCAAP helps you further your practice and strengthen care for children with timely discussions on emerging issues, professional growth opportunities, and community education.**
Formed a pediatric Value Based Payment workgroup with our state’s Medicaid agency, working with the help of outside consultants, to begin the process of developing a funding model unique to pediatrics.

Held a day-long Pediatric Population Health Forum, bringing experts on social determinants of health, population health strategies, and behavioral health integration to a statewide audience of 90 providers. View the presentations from our September 2018 Forum here.

Partnered with the UW AIMS Center to support four clinics and three health systems in financial modeling for pediatric Collaborative Care and held a three-hour CME with UW AIMS center on Collaborative Care in pediatrics.

Delivered peer-led in-person training for 96 primary care providers in six regions of the state in adolescent and maternal depression screening and helped forge connections to local behavioral health resources.

Increased performance on the HEDIS 3-to-6-year-old well-child measure from 16% to 57% and on the HEDIS Combo-10 vaccination measure from 37% to 41% in a three year period, amongst over 800 pediatric providers in participating practices. 100 primary care centers have interagency agreements with 145 behavioral health centers to help kids get into care and to integrate care across sites.

Educated 100 pediatric health care providers statewide via webinars on adolescent and maternal depression screening. View webinars here.

Published a transformation toolkit for behavioral health centers. Download or view here.
Engaged with providers statewide to advise on matters related to vaccine policies and legislation.

Reviewed legislative challenges and opportunities concerning vaccine exemptions and made recommendations to the Chapter.

Represented the Chapter’s interest and position with Department of Health and local health jurisdictions to best serve providers.

WCAAP is in touch with pediatricians and providers all over Washington, listening to your insights, providing direction and information, and creating a structure to improve the health and well-being of Washington’s children.
Bringing pediatric providers together

WCAAP members are dedicated to Washington’s children. And while you use your clinical expertise to make an impact on each child you see, there are an increasing number of issues that affect child health beyond what you can control in your practice. We encourage you to connect with us to ensure we are relevant and timely in our advocacy for you and for children. This year we:

Brought members together

Listening sessions in Seattle, Tacoma and Vancouver, plus an Advocacy 101 workshop in Spokane brought 61 members together to share concerns about child health on a local level and to network with other pediatric health care providers from their community. A recurring networking group for Central Washington pediatric health care providers is convened quarterly in Yakima.

Engaged new physicians

WCAAP worked closely with residents on advocacy activities, including bringing a group of advocates to Olympia for a rally for safe firearms legislation, and organizing a group for March for Our Lives. We presented an annual noon conference to the Seattle Children’s residents about legislative advocacy in addition to working closely with the residents who participate in the REACH/advocacy pathway.

Provided mentorship opportunities

Committees serve as incubators for future chapter leaders who have the desire to expand their reach beyond the clinic to improve child health. This year, we added a new standing committee focused on Vaccines. We encourage members to join any standing committee that aligns with their interests.
WCAAP provides a platform for Washington’s pediatric health care providers to stand together to improve child health across the state.
The only Pediatric Intensive Care, **Level IV** Neonatal Intensive Care, and dedicated Pediatric Emergency Room in the Inland Northwest

“We are proud to offer full pediatric services with highly specialized physicians, focusing on quality and a family-friendly environment for all children.”

Mike Barsotti, MD
Chief Administrative Officer
Sacred Heart Children’s Hospital

FOR PATIENT REFERRAL OR TRANSFER, CALL 877-323-5055
SACRED HEART CHILDREN’S HOSPITAL, SPOKANE, WASHINGTON
SHMCCCHILDREN.ORG
Making early childhood connections

The WCAAP’s Early Childhood Committee brings together pediatric health care providers with strong interests in early childhood initiatives to improve environments in which young children grow and learn. The committee works closely with state and local agencies to advocate for early childhood well-being. **This year we:**

- Changed the name of the Early Learning Committee to Early Childhood Committee, which better reflects the group’s mission.
- Continued to support Help Me Grow as a state strategy to connect families to local resources.
- Aligned with the Department of Children, Youth and Families (DCYF) as they developed their preschool development grant.
- Helped train 115 pediatric primary care providers in Universal Developmental Screening in rural and underserved communities of Washington through Great MINDS (Medical Homes Include Developmental Screening) and equipped these providers with access to early intervention services for identified patients.
- Served as a hub to strengthen committee members’ work on early childhood initiatives at the federal, state, local and clinic level.
- Participated in the planning for the Zero to Three: Think Babies Initiative, bringing additional resources and partnerships to the Chapter.
- Explored external funding support for Chapter early childhood priorities.

Early childhood is a critical time for brain development. Biosocial influences during early childhood greatly impact future health and well-being.
Chapter Financial Results
Year Ending December 31, 2018

THE EXECUTIVE DIRECTOR, CFO AND TREASURER develop the annual budget informed by business planning with the Executive Committee and committee leadership. The Board approves the annual budget and reviews a financial dashboard monthly. Any significant budget variances are discussed during quarterly Board meetings. At year-end, any remaining grant funding is carried forward to the next year and any general operating surpluses go into reserves.

REVENUE AND SUPPORT

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<th>Source</th>
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<tbody>
<tr>
<td>Grants</td>
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<td>Sponsorships &amp; Other Income</td>
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<td><strong>Total Revenue</strong></td>
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EXPENSES

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<td>Education, Travel &amp; Board Events</td>
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<td>Operations</td>
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<td><strong>Expenses</strong></td>
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Change in Net Assets $34,576

STATEMENT OF FINANCIAL POSITION

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<th>Liabilities and Net Assets</th>
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<td>Net Assets</td>
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| **Total Liabilities and Net Assets** | **$503,814** |

*unaudited
Seattle Children’s is a proud partner of the WCAAP. Thank you for being an advocate and champion for Washington’s healthcare providers, children and families.
Our Vision

We nurture human potential.

As pediatricians, we aspire to ensure a foundation of lifetime health and improve the well-being of future generations.

Our Mission

To optimize the health and well-being of children and their families while supporting pediatricians in their development and practice.

To accomplish our mission, we will:

• Empower pediatricians to provide quality medical care
• Advance public policy to benefit children
• Advocate for communities that support children and their families
• Collaborate with other child health advocates
• Frame and lead the public discussion on child health issues