Fulfilling the Promise: Transforming Child Health Services to Promote Children’s Healthy Development
Paul Dworkin MD, FAAP – Founding Director, Help Me Grow National Center

Dr. Dworkin will discuss how to associate the science of early brain growth with interventions that promote a child’s healthy development; how to identify implications from the science of early child development for interventions to promote children’s overall development; the implications of the “biology of adversity” for children’s healthy development; and the benefits of focusing interventions on vulnerable children at risk of adverse developmental outcomes.

Practice Implementation and Systems Building: Screening for and Addressing Social Determinants of Health and Perinatal Depression
Marian Earls, MD, MTS, FAAP – Director of Pediatric Programs, Deputy Chief Medical Officer of Community Care of North Carolina

Dr. Earls will discuss the two-generational impact of social determinants of health and perinatal depression on the health of children and families and share how to engage families, incorporate screening and management, link families with resources and build collaborative relationships with community partners.

Cost Savings from Pediatric Clinical Quality Improvement
Paul Fishman, PhD – Professor of Health Economics, University of Washington

Dr. Fishman will discuss the evidence base in support of the economic benefits of quality improvements and how to interpret economic analyses designed to support clinical improvement efforts. Learn what costs to include in analyses of the economics of preventive services, how to assess the quality of economic analyses of preventive care for children, how to account for differences in the cost of services over time and the role that different insurance models have on the economic analysis of preventive services.
BREAKOUT SESSIONS

OPTION A
Motivational Interviewing: Tools for Helping with Behavior Change
Alicia Dixon Docter, MS, RDN, CD

Motivational Interviewing’s (MI) collaborative counseling style is recognized for its effectiveness at supporting patients in sustainable behavior change. While much of the literature is from studies of adults, a growing body of evidence confirms MI provides useful tools for children and adolescents. In this interactive, hands-on session you will learn about essential MI skills and have the opportunity to practice specific skills and apply them to clinical case studies.

OPTION B
Tending the Garden: Recognizing and Preventing Provider Burnout
Tiffany Spanier, MD, FAAP

Burnout leaves once-enthusiastic health care professionals feeling drained, cynical, and ineffective. In this session you’ll learn effective ways to screen for burnout, strategies to help those who may be experiencing burnout at work and at home, and new approaches to the prevention of burnout that focus on the interactions between personal and situational factors.

OPTION C
Inspiration for Integration: Creating an Integrated Care Management and Behavioral Health Program in a Pediatric Primary Care Setting
Leslie Graham, MSW, LICSW and Sheryl Morelli, MD, FAAP

 Members of the pediatric care team from the University of Washington Neighborhood Clinic Kent/DesMoines will share their approach to developing an integrated approach to care management and behavioral health grounded in the core principles of the Collaborative Care model developed by colleagues at the University of Washington AIMS Center. The presenters will use case-based examples to facilitate a discussion on building an integrated care management and behavioral health program in a pediatric primary care setting. They will describe the common challenges in addressing behavioral health needs in a typical/traditional primary care practice, the typical practice resources needed for integrated behavioral health program, how team-based integrated care can improve behavioral health for pediatric populations and billing and financing strategies that may support integrating care management and behavioral health into pediatric primary care settings.

OPTION D
Parent and Family Engagement: Incorporating the Family Voice in Your Practice
Beth Harvey, MD, FAAP and Frances Chalmers, MD, FAAP

Parent Advisory Groups have been a recognized value-added component of the Pediatric Medical Home for some time. Once established they engage families who then provide important insight and support for a practice. This workshop will briefly discuss the evidence and describe one practice’s approach to implementation along with some of the challenges and successes. Human Centered Design is a way for practices to analyze and improve the experiences for patients using the input of professionals such as marketers, interior designers, graphic designers, cueing experts and others to help get creative ideas to improve the experience in your office for staff and patients. This workshop will share a virtual experience of Human Centered Design that improved the experience of waiting in one practice.