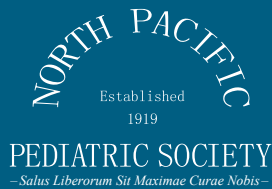


North Pacific Pediatric Society

200th Meeting and Conference

Jointly Sponsored by



CHARTER HOTEL
SEATTLE

100 Years
of Education,
Destinations
& Pediatrics



April 25-26, 2020



photo credit: Wikimedia Commons

■ SPEAKERS*

**The Honorable
Kim Schrier MD, FAAP**
US House of Representatives (WA-8)

Maida Lynn Chen MD
Associate Professor of Pediatrics
Seattle Children's Hospital/UW

Jonah Essers MD, MPH
Pediatric Gastroenterologist
Swedish Medical Center

Robert Hendrickson MD
Medical Director, Oregon Poison
Center; Professor of Emergency
Medicine
Oregon Health and Science
University/Oregon Poison Center

Laura Kastner PhD
Clinical Professor
Psychiatry and Behavioral Sciences
University of Washington

Jonathan Kopelovich MD
Pediatric Otolaryngologist
Bellevue Ear Nose and Throat Clinic

Dana Matthews MD
Professor, Hematology/Oncology,
Pediatrics, UWSOM; Director,
Clinical Hematology, Cancer and
Blood Disorders; Seattle
Children's Hospital

Paul Merguerian MD, MS, FAAP
Division Chief Urology
Seattle Children's Hospital
Professor of Urology
University of WA, Michael Mitchell
Chair Pediatric Urology

Monica Oxford PhD
Research Professor
University of Washington
Barnard Center for Infant Mental
Health and Development

* *Speaker's disclosure statements on page 4*

■ ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Washington State Medical Association through the joint providership of Seattle Children's Hospital and the North Pacific Pediatric Society. Seattle Children's Hospital is accredited by the WSMA to provide continuing medical education to physicians.

Seattle Children's Hospital designates this live educational activity for a maximum of 10.0 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity meets the criteria for up to 10 hours of Category 1 CME credit to satisfy the relicensure requirements of the Washington State Medical Quality Assurance Commission.

NPPS 200th Meeting and Conference Schedule

CHARTER HOTEL | April 25–26, 2020

SEATTLE

SATURDAY 🦋 APRIL 25	
7:00 AM	Catered Breakfast
7:30 AM	Opening Remarks
7:45 AM	Finessing the Pivot: Helping patients shift from obsessive worry to coping Laura Kastner, PhD
8:45 AM	Pediatricians are in the Right Place at the Right Time: Supporting Parental Attunement, Reciprocity and Co-Regulation in the First Year of Life Monica Oxford, PhD
9:45 AM	Break
10:00 AM	Anemia in Primary Care – tips and updates from the perspective of a hematologist Dana Matthews, MD
11:00 AM	Thrombosis in Pediatrics – a brief review Dana Matthews, MD
12 NOON	Catered Lunch
1:00 PM	Cytomegalovirus and hearing loss Jonathan Kopelovich MD
2:00 PM	Break
2:15 PM	Pediatric Urology for the Pediatrician: When to Refer [Part 1] — Paul Merguerian, MD

SATURDAY 🦋 APRIL 25	
3:15 PM	Pediatric Urology for the Pediatrician: When to Refer [Part 2] — Paul Merguerian, MD
4:15 PM	Adjourn for day
4:15 PM	Reception
SUNDAY 🦋 APRIL 26	
7:00 AM	Catered Breakfast
7:50 AM	Opening Remarks
8:00 AM	Adolescent Sleep Problems Maida Lynn Chen, MD
9:00 AM	▶▶ KEYNOTE SPEAKER The Honorable Kim Schrier, MD, FAAP (Presentation not for CME)
10:00 AM	Break
10:15 AM	Adolescent drug use: cannabis, nicotine, and “legal highs” Robert Hendrickson, MD
11:15 PM	Eosinophilic Esophagitis management and PPI risks in children Jonah Essers, MD, MPH
12:15 PM	Adjourn

MEETING OBJECTIVES:

- Participants will explain the science of physiological arousal and its escalation when parents and children focus on extreme distress together without a shift to coping (e.g., “co-rumination”).
- Participants will validate their patients’ aversive experiences while also encouraging them to shift attention to coping and exploring ideas for emotional regulation.
- Participants will use motivational interviewing techniques to elicit the goal of reducing suffering for encouraging parents in the “change agenda” of both avoiding symptom accommodation and co-rumination and practicing coping strategies.
- In combination with the history, use appropriate testing to diagnose iron deficiency anemia, and apply current understanding of iron metabolism to optimize treatment
- Apply understanding of hemoglobin patterns in thalassemia syndromes to order and interpret thalassemia testing, counsel families, and refer when appropriate
- Understand common thrombophilias and the relevance of family history to decide which patients to test, and which tests to perform.
- Recognize risks of thrombosis, implications for menstrual and contraceptive management, and when to consider anticoagulant prophylaxis for patients with a thrombophilia or positive family history of thrombosis.
- Manage child with antenatally diagnosed hydronephrosis
- Risk stratified management of vesicoureteral reflux
- Understand the prevalence and natural history of CMV associated hearing loss
- Engage with evolving research into detection, prevention and treatment of congenital CMV



- Incorporate multifaceted approach to understanding the pathophysiology and sequela of sleep challenges in adolescence.
- Approach treatment strategies at individual and community levels.
- Learners will understand the various ways that nicotine, cannabis, and “legal highs” are used and will be able to adequately counsel their patients on short and long term effects.
- Learners will be able to identify clinical patterns of drug use and drug paraphernalia.
- Understand the rationale for careful followup, dietary manipulation, and endoscopy in the management of pediatric EoE.
- Understand the risks and benefits of PPI use and how to position a PPI in the treatment of pediatric EoE.
- Participants will be able to identify three types of interaction that represent parent-child attunement or reciprocity and how that is fundamental to infant development.
- Participants will learn one strategy to help parents learn about attunement by providing specific, positive verbal feedback to parents.



North Pacific Pediatric Society 200th Meeting and Conference



Charter Hotel Seattle | April 25-26, 2020

You may also register on line at www.northpacificpediatricsociety.org

REGISTRATION FORM *(please type or print clearly)*

Full Name	Title	Preferred First Name for Badge	
Practice/Group Name			
Address	City	State	Zip
Phone	Email <i>(Required to receive conference e-syllabus)</i>		

- My food preference is vegetarian
 My food preference is vegan
 My food preference is gluten free

Conference registration fee includes attendee's two-day conference tuition, e-syllabus, as well as all breakfasts and refreshment breaks, lunch, and receptions. **Food and Beverage is intended for registered attendees only!**

■ Conference Registration

- | | | |
|--|----------|-------|
| <input type="checkbox"/> NPPS Member Physician | \$425.00 | _____ |
| <input type="checkbox"/> Non-Member Physician | \$525.00 | _____ |
| <input type="checkbox"/> Nurses & Physician's Assistants | \$395.00 | _____ |
| <input type="checkbox"/> First 3-year in Practice | \$325.00 | _____ |

■ I would like to support the NPPS Community Fund

- \$20
 \$50
 \$100
 \$250
 \$500
- _____

TOTAL ENCLOSED: (U.S. FUNDS ONLY) _____

■ PAYMENT

Mail to: **NPPS**, 2001 Sixth Avenue, Suite 2700 ♦ Seattle, WA 98121

- Enclosed is my check made payable to: **NPPS**

▶ CREDIT CARD PAYMENT

Please register online at: www.northpacificpediatricsociety.org

CANCELLATION POLICY: We must receive written notification of your cancellation. A \$50 processing fee will be deducted from the registration refund. **No refunds will be issued after April 1, 2020.**

INQUIRES: Contact Becky Constantine at the NPPS Office at 206-956-3635, or call toll-free from Washington, 1-800-552-0612, ext. 3025, or send emails to: admin@northpacificpediatricsociety.org

North Pacific Pediatric Society

2001 Sixth Avenue, Suite 2700
Seattle, WA 98121

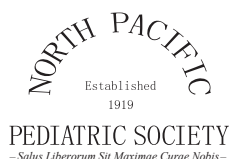
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**NPPS 200th
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April 25-26, 2020

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Visit: www.northpacificpediatricsociety.org to register online

■ ACCOMMODATIONS:



CHARTER HOTEL
SEATTLE

Group room rates start at \$255 plus applicable taxes.

Call 206-256-7500 to book your reservation.

All reservations should be made under "NPPS" or "North Pacific Pediatric Society" in order to receive the group rate.

Please reserve by April 1, 2020 to ensure the group rate.

■ NPPS 200TH MEETING & CONFERENCE DISCLOSURE STATEMENTS

Maida Lynn Chen, MD

I do not have any financial interest, arrangement or affiliation with medical/pharmaceutical or equipment companies.

Jonah Essers, MD, MPH

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Robert Hendrickson, MD

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Laura Kastner, Ph.D.

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Jonathan Kopelovich MD

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Dana Matthews, MD

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Paul Merguerian MD MS FAAP

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Monica Oxford, PhD

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SAVE THE DATE!

NPPS 201st Meeting and Conference
Kimpton RiverPlace • Portland, OR
October 10-11, 2020

Room rates start at \$259
plus applicable taxes