Rapid Behavioral Health Education

Introduction to the training

Thursday, April 30, 2020
7:30 – 8:30 AM
Thank you to our sponsors!

• Our sincere thanks to Community Health Plan of Washington, Molina Healthcare, and the University of Washington’s General Pediatrics division for responding so quickly to support this community need!
Agenda

• 7:30 – 7:35 AM Introduction from the speakers
• 7:35 – 7:50 AM Overview of training: goals, timeline, format, and topics
• 7:50 – 8:20 AM Questions and discussion
• 8:20 – 8:30 AM Closing & next steps

Reminder: You will be muted on the call. Please use the chat box for any questions or responses. Thank you!
Speaker Introductions

Dr. Francie Chalmers  
*Skagit Pediatrics*

Dr. Larry Wissow  
*Seattle Children’s*
Overview of the training – Goals

• To enhance skills of pediatric providers to address behavioral health needs in the new healthcare context.

• To offer a space for pediatric providers to learn from one another and receive expert guidance.
Overview of the training – Timeline

• (Today) April 30, 7:30 – 8:30 AM: Introduction to the trainings

• Thursday, May 14, 7:30 – 8:30 AM: Training call 1

• Thursday, May 28, 7:30 – 8:30 AM: Training call 2

• Thursday, June 11, 7:30 – 8:30 AM: Training call 3
Overview of the training – Format

Watch two brief training videos
- Emailed to participants and posted on the WCAAP website
- 2 weeks to watch the videos before the next call

Join the corresponding hour-long discussion
- Case examples
- Guest speakers
- Guided discussion
Overview of the training – Format

• After each training call ends, you will receive:
  • Materials from the concluded call
  • The next two videos to watch
  • The details and reminder for the next call
Overview of the training – Topics

May 14\textsuperscript{th}
- “Involving everyone, agendas, and helping identify ‘the question’”
- “Finding solutions and giving advice”

May 28\textsuperscript{th}
- “(Nearly) universal mental health interventions”
- Anxiety and low mood (COVID-focus)

June 11\textsuperscript{th}
- Disruptive behavior in young kids
- Parental mental health: screening and intervention options
Discussion & Questions

Please use the chat box to ask/answer questions

• Overview of current barriers to behavioral health

• Questions for the group:
  • What are some “in the moment” responses that we might help you (the PCP) with to overcome particular barriers in communicating with a patient/family?
  • What are some examples of times when you were trying to elicit the true chief complaint and it simply wasn’t becoming clear?
  • What are some examples of times when you thought you were giving great advice but the message simply was not getting across? What went wrong?
Closing and next steps

Other behavioral health support:

• For practices with integrated BH programs, Amerigroup is sponsoring a **BHI networking and collaboration group** that meets monthly. Email tsarkhosh@wcaap.org if you are interested in joining

• SCH Psychiatry Grand Rounds, 5/1/20, 8-9:20 AM. “Integrating BH Services into Pediatric Primary Care: Developments, Deterrents, and Directions”
Closing and next steps

This training and following trainings are recorded and posted on the WCAAP website.

The next training is scheduled for Thursday, May 14th 7:30 – 8:30 AM.

Between now and then: watch two brief training videos recorded by Dr. Larry Wissow:

• “Involving everyone, agendas, and helping identify ‘the question’“.
• “Finding solutions and giving advice”
Thank you!