One of the things I find most fulfilling about being involved in the Washington Chapter of the American Academy of Pediatrics is the opportunity to help champion advances that truly improve the health of Washington’s children.

Legislative advocacy continues to be the core of our Chapter’s daily work, and WCAAP member engagement on this front was at an all-time high in 2019. Attendance at our annual Advocacy Day increases each year, and member involvement with our Chapter’s active committees continues to grow. All of these efforts by our members and leaders are reflected in the impact we have on our state’s children and families.

Our list of accomplishments in 2019 is long and bold. We achieved a 10% rate increase in Medicaid behavioral health reimbursement and helped expand the Partnership Access Line for behavioral health education and support. We developed a toolkit for behavioral health integration for pediatric practices, started work on a Pediatric Improvement Partnership to improve the health of children state-wide, and led a learning collaborative focused on adolescent vaccine rates. We worked closely with partners like the Washington State Medical Association to pass legislation to eliminate personal and philosophical exemptions to MMR vaccine for young children, despite strong opposition. We continued our focus on early learning and training providers in universal developmental screening, and established a workgroup focused on improving care for babies with Neonatal Opiate Withdrawal Syndrome—including founding a medical-legal partnership to help parents of infants with NOWS navigate the legal system.

None of this would be possible without your commitment to progress. With nearly 1,200 members across the state, your support of the WCAAP is what powers us. We are grateful for your membership and for your engagement.

Our wheels are always in motion. There is still much work to be done going forward. We will continue to fight for the health and well-being of all children and families in our state, and to partner closely with the national American Academy of Pediatrics to protect children across the country and the world.

Elizabeth Meade, MD, FAAP
President, Washington Chapter of the American Academy of Pediatrics

Our list of accomplishments in 2019 is long and bold. None of this would be possible without your commitment to progress.
When WCAAP’s network of pediatric health care providers speak with one voice to improve the health of children and families, policymakers take notice. In 2019, WCAAP members sent 1,268 messages to legislators, advocating for policies to keep children safe and promote health equity.

**HEALTH**
- Elimination of MMR vaccine exemptions for personal or philosophical reasons.
- Improved access to timely behavioral health care for children on Apple Health for Kids: a 10% increase for mental health counseling for children on Apple Health; funding for a pilot of PAL (Partnership Access Line) for schools in two school districts, one east of the mountains, one west of the mountains.

**SAFETY**
- The legal age to purchase tobacco and nicotine products was raised to 21.
- A new tax imposed on vape products.
- Updated child passenger safety law to meet national recommendations for child passenger safety.
- Funding for firearm policy research.

**EARLY CHILDHOOD**
- Funding for existing home visiting programs.
- Continued support for Reach Out and Read.
- Infrastructure for reliable data tracking of universal developmental screening.

1,268 MESSAGES SENT TO LEGISLATORS IN 2019
WCAAP leads collaboration and education to help you overcome gaps in care and improve outcomes for children.

In 2019 we wrapped up the Pediatric Transforming Clinical Practice Initiative (PTCPI), a program that helped primary care clinics across the state shift to a population health approach and forge powerful relationships with allied providers across silos. At the same time, we laid the groundwork for a statewide pediatric improvement partnership by joining forces with Seattle Children’s Hospital and Public Health – Seattle & King County to form the King County Child Health Improvement Partnership (K-CHIP). A Pediatric Improvement Partnership (PIP) is a robust, statewide collaboration of public and private partners that uses a cross-systems approach to advance child health, a proven model that has been successfully used in a number of states. Through K-CHIP, we convene statewide partners to promote child health equity in measurable ways, and work with King County clinics to improve adolescent immunization rates.

**OUR 2019 IMPACT:**

- **Helped** 100 primary care and 145 behavioral health providers forge partnerships.
- **Reduced** avoidable ED utilization by 20% among clinics that participated in PTCPI.
- **Continued** a partnership with the Washington State Health Care Authority to pursue a value-based payment methodology for Medicaid unique to pediatrics.
- **Built** the foundation for a Pediatric Improvement Partnership to drive clinical improvements and inform advocacy efforts. The Pediatric Improvement Partnership will serve as a structure that will allow WCAAP to tackle child health issues as they emerge as priorities.
- **K-CHIP established** a learning collaborative leadership team and steering committee and convened the first of three clinic cohorts. The first cohort serves over 11,000 adolescents annually; we aim to engage clinics serving 34,000 adolescents over the course of the two-year initiative.

**P-TCPI SUCCESS STORY**

A teen was admitted for inpatient psychiatric care three times over a few months and was discharged from inpatient care without an outpatient care plan in place. This made effective care difficult; especially given this teen’s parent had limited English proficiency. Once a new referral relationship was established between the primary care clinic and local behavioral health clinic, the teen’s primary care provider was able to arrange a behavioral health intake, counseling, and medication management. Direct provider-to-provider communication improved management and care for this teen, who has had no repeat inpatient admissions and is now working and going to school.

**DIRECT PROVIDER-TO-PROVIDER COMMUNICATION IMPROVED MANAGEMENT AND CARE, LEADING TO AN IMPROVED OUTCOME.**
Early childhood is foundational to development, and an opportunity to make an impact on lifetime health and well-being. WCAAP’s partnerships increase our capacity to support the well-being of Washington State’s youngest children. We are working to promote development, early relational health, early identification, and family well-being.

WCAAP participated in the Think Babies Campaign to 1) convene our Early Childhood Committee in person to focus future strategy, 2) bring Dr. Paul Dworkin, founder of Help Me Grow national, to our Population Health Forum and meetings with our state Medicaid agency and Early Childhood and Health Care Transformation Committees and 3) develop a communication strategy and disseminate information to increase understanding of Help Me Grow.

WCAAP began a partnership with Yakima Pediatrics and Yakima Valley Farm Workers Clinic in Toppenish to teach parents how to foster early child brain development of children ages 0-4, using simple and accessible resources through Vroom. Our partnership has a specific and dedicated focus to reaching families living at low-incomes and families who have Limited English Proficiency.

WCAAP began writing a curriculum in partnership with Help Me Grow National and WithinReach for a learning collaborative to help sustain clinic workflows for universal developmental screening (UDS) and provide technical assistance with referrals.

WCAAP launched an ad hoc workgroup of WCAAP hospitalists, NICU providers, and general pediatricians focused on standardizing care for babies with Neonatal Opiate Withdrawal Syndrome (NOWS) in hospital settings, and to potentially impact a longer trajectory of care - from pregnancy through the first year of life.

We trained providers in Universal Developmental Screening (UDS) in rural and underserved communities in Washington through Great MINDS, reaching providers across the state and equipping them with access to early intervention services.

Vroom is an app for families that uses scientific core principles to develop positive adult-child relationships, back and forth interaction, and life skills to promote executive functioning.

OUR 2019 IMPACT:

Vroom is an app for families that uses scientific core principles to develop positive adult-child relationships, back and forth interaction, and life skills to promote executive functioning.

WCAAP launched an ad hoc workgroup of WCAAP hospitalists, NICU providers, and general pediatricians focused on standardizing care for babies with Neonatal Opiate Withdrawal Syndrome (NOWS) in hospital settings, and to potentially impact a longer trajectory of care - from pregnancy through the first year of life.

WCAAP began a medical-legal partnership with a law firm to connect new parents with substance use disorders to legal assistance and help their families stay intact when babies are born.
WCAAP connects pediatricians, subspecialists and pediatric providers throughout the state to create a network of passionate experts and advocates like you that are improving the health and lives of children here every day. We strive to increase WCAAP’s value to members and to keep up with community needs throughout our diverse state.

OUR 2019 IMPACT:

97 providers attended WCAAP’s full-day pediatric population health forum.

In-person CME on universal developmental screening (UDS), and e-learning CME on disruptive childhood behaviors; developmental screening; motivational Interviewing techniques; and adolescent and postpartum depression screening.

Listening sessions in six communities across the state (Seattle, Olympia, Wenatchee, Mt. Vernon, Yakima and Spokane), including one specifically oriented to early career physicians.

Two new pediatric health care groups joined WCAAP: Allegro Pediatrics and The Everett Clinic, joining Kaiser, a group member since 2018.

STATEWIDE MEMBERSHIP

WCAAP provides a platform for Washington’s pediatric health care providers to stand together to improve child health across the state.

MEMBERSHIP & ENGAGEMENT

CONNECTION PEDiatric PROVIDERS

Jon Almqvist, MD, FAAP
Peter Alzate, MD, FAAP*
Julian Aye, MD, FAAP
Michael Barsotti, MD, FAAP*
Amy Bell, MD, FAAP
Frank Bell, MD, FAAP*
Forrest C. Bennett, MD, FAAP
Andrew Biles, MD, FAAP
Susanna Block, MD, FAAP
Wendy Blumberg, MD, FAAP
Michael Boyer, MD, FAAP
Betsy Brewer, MD, FAAP*
Frances Chalmers, MD, FAAP*
Margaret Clements, MD, FAAP
Ruth Com, MD, FAAP
Renee Crosson, MD, FAAP
Jennifer Donahue
Michael Donahue, MD, FAAP
Michael Dodds, MD, FAAP
Beth Ebel, MD, MPH, FAAP*
Jerald Eichner, MD, FAAP
Giselle Falkenberg, MD, FAAP
Thatcher Fell, DO, FAAP*
Dianne Glover, MD, FAAP
Ellen Graham, MD, FAAP
Kathleen Gruenke, MD, FAAP
Kerry Hartmeczak, MD, FAAP
Beth Harvey, MD, FAAP
Kimberlee Haufler, MD, FAAP*
Wesley Heinrichs, MD, MHP, FAAP
Robert Hilt, MD, FAAP*
Brad Hood, MD, FAAP*
Wei-Jen Huitsch, MD, FAAP*
Kathleen Kieran, MD, FAAP*
Dorrun Koo, MD, FAAP
Meta Lee, MD, FAAP*
Melissa Lamp, DO, FAAP
Eric Leung, MD, FAAP*
Jeni Lewin, MD, FAAP
Tristin Lissau, MD, FAAP
Diane Lieb, MD, FAAP*
Thomas Long, MD, FAAP
Edgar Marcuse, MD, MHP, FAAP
Diana McNamara Bivens, MD, FAAP
Elizabeth Meade, MD, FAAP*
Rishi Misery, ARNP*
Thomas Monk, MD, FAAP
Sheryl Morelli, MD, FAAP*
Hope Norman, DO, FAAP
James Polo, MD, MBA, CPE, FACHE*
Sarah Radford
Lelah Raw, MD, FAAP*
Steve Reville, MD, FAAP
Kristi Rice, MD, FAAP
Virginia Sanders, MD, FAAP
Michael C. Shannon, MD, FAAP
Donald Shifrin, MD, FAAP
Matthew Studer, MD, FAAP*
Mary Tarang, MD, FAAP*
Katherine Tempest
Rupin Thakkar, MD, FAAP*
Judith Thierry, MD, FAAP
Blaine Tolby, MD, FAAP*
Howard Uman, MD, FAAP
Agnes Wong, MD, FAAP
Mary Ann Woodruff, MD, FAAP

Our deepest thanks to Washington Chapter members who invested in our growth and advanced our mission in 2019.

* denotes WCAAP board member or committee chair

John Neff, MD, FAAP
Alan Chris Olson, MD, FAAP
Vickie Olson
Stephen Pearson, MD, FAAP
Zaiga Phillips, MD, FAAP
James Polo, MD, MBA, CPE, FACHE*
Sarah Radford
Lelah Raw, MD, FAAP*
Steve Reville, MD, FAAP
Kristi Rice, MD, FAAP
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Mary Ann Woodruff, MD, FAAP

CONNECTING PEDIATRIC PROVIDERS
The 2019 measles outbreak served as a reminder of how valuable WCAAP members’ expertise is to families, legislators and the community. WCAAP provided critical insights and support as we sought—and won—an elimination of philosophical and personal exemptions to the MMR vaccine requirement for school attendance.

**OUR 2019 IMPACT:**

- **Elimination** of personal/philosophical exemptions for MMR vaccine.
- **Launched** a virtual learning collaborative to convene clinics to recall patients early to avoid the back to school rush in August, especially in light of changing enforcement in 2020 that children are fully immunized on the first day of school.
- **Launched** the King County Child Health Improvement Partnership to increase adolescent vaccine rates.

Seattle Children’s is a proud partner of the WCAAP. Thank you for being an advocate and champion for Washington’s healthcare providers, children and families.
REVENUE AND SUPPORT

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
<th>Percent</th>
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<tbody>
<tr>
<td>Grants</td>
<td>$645,925</td>
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<tr>
<td>Membership Dues</td>
<td>$147,952</td>
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<tr>
<td>Sponsorships, Contributions, Other</td>
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<td><strong>Total Revenue</strong></td>
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EXPENSES

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<tr>
<th>Category</th>
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<tbody>
<tr>
<td>Payroll &amp; Contract Services</td>
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<tr>
<td>Education, Travel &amp; Board Events</td>
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<tr>
<td>Marketing &amp; Operations</td>
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<tr>
<td><strong>Total Expenses</strong></td>
<td><strong>$856,364</strong></td>
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Change in Net Assets $21,174

STATEMENT OF FINANCIAL POSITION

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<th>Category</th>
<th>Amount</th>
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<tr>
<td>Assets</td>
<td>$500,187</td>
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<tr>
<td>Liabilities and Net Assets</td>
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<tr>
<td>Liabilities</td>
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<td><strong>Total Liabilities and Net Assets</strong></td>
<td><strong>$500,187</strong></td>
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THE EXECUTIVE DIRECTOR, CFO AND TREASURER develop the annual budget informed by business planning with the Executive Committee and committee leadership. The Board approves the annual budget and reviews a financial dashboard monthly. Any significant budget variances are discussed during quarterly Board meetings. At year-end, any remaining grant funding is carried forward to the next year and any general operating surpluses go into reserves.

Childhood is a time for wonder, not worry. For curiosity and self-exploration. And bumping up against obstacles. And when those obstacles land kids in our care, we're here to make it better.

Our curiosity drives us to find new and better treatments. And to make the care experience memorable for the right reasons. Because it’s all about getting kids back to their natural state of wonder.

And now, Sacred Heart Children’s Hospital and Kadlec are proud to partner in the Tri-Cities so kids can get specialty care close to home.

We make it better.

shmcchildren.org
OUR VISION
We nurture human potential.
As pediatricians, we aspire to ensure a foundation of lifetime health and improve the well-being of future generations.

OUR MISSION
To optimize the health and well-being of children and their families while supporting pediatricians in their development and practice.
To accomplish our mission, we will:
Empower pediatricians to provide quality medical care
Advance public policy to benefit children
Advocate for communities that support children and their families
Collaborate with other child health advocates
Frame and lead the public discussion on child health issues